

Upcoming Events

March 6th 5:00pm

Seafood Night

March 15th 2:00pm

St .Patrick's Day Party with Erle Nash

March 28th 2:00pm

Spring Fling with Richard Sennema



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Harbourside Monthly Events Calendar

Highlights

February 2019

All Outings will be Weather Permitting

February 6 10:30 am

We are heading out for a Scenic Drive around town

February 13 10:30 am

Lets go for Coffee at Tim Hortons

February 14 2:00 pm

Seacliff Prom Party with Ted Bachmeier
Wear your best and come dance the afternoon away

February 20 10:30 am

Lets get out and about on the Seacliff Shuttle for a scenic drive

February 27 10:30 am

Lets head over to the Lakeside Bakery for a sweet Treat



“Its impossible, said pride. “Its risky, “said experience. Its pointless, said reason. “give it a try, “whispered the HEART” Author unknown

February 14 Valentines Day Prom Party

2:00-3:00pm

Lets celebrate love month with our very own Prom Party. Dress up and join us for an afternoon of music and sweet treats. Ted Bachmeier will be here to bring back all your favorite love songs!



Volunteer Opportunities - Making a Difference

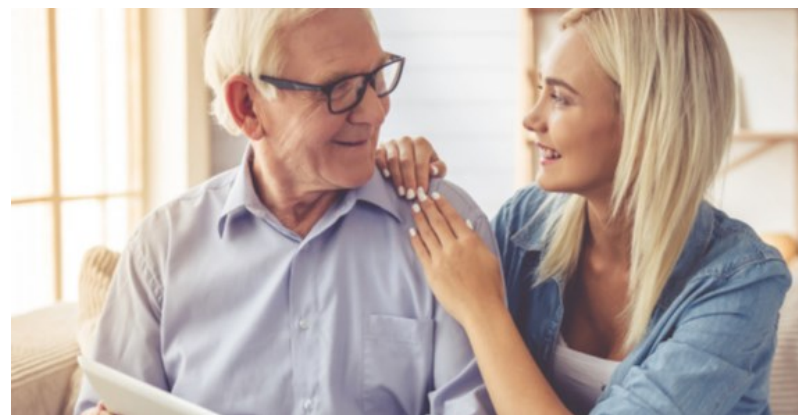
If you are creative, innovative, and love building relationships we would love for you to join our volunteer team!

Becoming a volunteer you can help our mission and make someone's life easier and more meaningful in the process. A few hours - days, evenings or weekends makes a huge difference!

Some of the many volunteer activities you can participate in include:

Games and cards, community outings, computer and iPad engagement, entertainment, book club, and community events.

To discuss the opportunities outlined in this brochure, or for more information, please contact the Recreation Manager.



Social & Recreational Activities - February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<u>2nd Floor Program Legend</u> Red = Physical Pink = Spiritual Green = Intellectual Orange = Social Purple = Emotional/Sensory Blue = 2nd Floor Outings					9:00 Well Grounded G 1 10:45 SMART Exercise FC 1:30 Baking Club with Kerri G 7:00 Friday Night Movie: Breakfast at Tiffany's G	9:30 Catholic Mass (on TV) G 2 10:30 Hallway Strolls 6:30 Saturday Concert Series: Everly Brothers LL
10:30 Balloon Paddles L 3 11:30 Lunch Time Music Appreciation: Sam Cooke G 1:00 Benji LL 6:30 Super Bowl Sunday G	9:30 Morning Stretch L 4 10:30 Pet Visits with Fran 1:30 Baking Club With Kerri 7:00 Monday Night Movie: Turner & Hooch G	9:30 Paint with Me L 5 10:00 Social Visits with Betty & Homer 2:15 SMART Exercise FC 3:30 Happy Hour Social G 7:00 Evening Comedy Corner: Laverne & Shirley G	10:30 Scenic Drive 6 1:30 Ball Toss L 2:30 Music Therapy With Chris L 3:30 Fairy Tales and Fables L 7:00 Evening Coffee Social G	9:00 Fancy Nails G 7 1:00 Fitness with Carol L 3:00 Remember when G 7:00 Friendly Visits	9:00 Picture It G 8 10:45 SMART Exercise FC 1:30 Remembering Valentines Day G 7:00 Friday Night Movie: Cool Hand Luke G	9:30 Catholic Mass (on TV) G 9 10:30 Hallway Strolls 6:30 Saturday Concert Series: Johnny Cash LL	
10:30 Balloon Volleyball L 10 11:30 Lunch Time Music Appreciation: Patsy Cline G 1:00 East of Eden LL 7:00 Evening Comedy Corner: Carol Brunette G	9:30 Morning Stretch L 11 1:30 Baking Club With Kerri G 7:00 Monday Night Movie: Singing in the Rain G	9:30 Busy Hands L 12 10:00 Social Visits with Betty & Homer 2:15 SMART Exercise FC 3:30 Hot Cocoa Social G 7:00 Evening Comedy Corner: Happy Days G	10:30 Tim Hortons Outing 13 1:30 Jumbo Bowling L 2:30 Music Therapy With Chris L 3:30 Anniversary Detective L 7:00 Evening Coffee Social G	9:00 Fancy Nails G 14 1:00 Fitness with Carol L 2:00 Prom Party with Ted Bachmeier DR 7:00 Friendly Visits	9:00 Singing with Susie G 15 10:45 SMART Exercise FC 1:30 Baking Club with Kerri G 7:00 Friday Night Movie: The African Queen G	9:30 Catholic Mass (on TV) G 16 10:30 Hallway Strolls 6:30 Saturday Concert Series: Elvis LL	
10:30 Balloon Paddles L 17 11:30 Lunch Time Music Appreciation: Paul Anka G 1:00 Stripes LL 7:00 Evening Comedy Corner: Three's Company G	9:30 Ball Toss L 18 10:30 Pet Visits with Fran 1:30 Baking Club With Kerri G 7:00 Monday Night Movie: Indiana Jones G	9:30 Lets Paint L 19 10:00 Social Visits with Betty & Homer 2:15 SMART Exercise FC 3:30 Coffee & Cookies Social G 7:00 Evening Comedy Corner: Mr. Ed G	10:30 Scenic Drive 20 1:30 Mini Put L 2:30 Music Therapy With Chris L 3:30 Easy Does it Trivia L 7:00 Evening Coffee Social G	9:00 Fancy Nails G 21 1:00 Fitness with Carol L 3:00 Snowed in Detective G 7:00 Friendly Visits	9:00 Busy Hands G 22 10:45 SMART Exercise FC 1:30 My Uncle the Tooth Fairy G 7:00 Friday Night Movie: El Dorado G	9:30 Catholic Mass (on TV) G 23 10:30 Hallway Strolls 6:30 Saturday Concert Series: Buddy Holly LL	
10:30 Bean Bag Toss L 24 11:30 Lunch Time Music Appreciation: Hank Williams G 7:00 Evening Comedy Corner: The Lucy Show G	9:30 Morning Stretch L 25 1:30 Baking Club With Kerri G 6:30 Night At The Movies: The Breakfast Club G	9:30 Busy Hands L 26 10:00 Social Visits with Betty & Homer 2:15 SMART Exercise FC 3:30 Coffee & Cookies Social G 7:00 Evening Comedy Corner: My Three Sons G	10:30 Lakeside Bakery 27 1:30 Ball Toss L 2:30 Music Therapy With Chris L 3:30 Match Em Up L 7:00 Evening Coffee Social G	9:00 Fancy Nails G 28 1:00 Fitness with Carol L 3:00 Pass the Pig G 7:00 Friendly Visits			

TST: The Spiked Tomato **CR:** Craft Room **FC:** Fitness Centre **WC:** Spa & Wellness Center **C:** Chapel/Theatre **L:** Library **TC:** The Cove **BS:** Beauty Salon
LL: Lighthouse Lounge **ML:** Main Lounge **CY:** Courtyard **DR:** Dining Room **G:** Galley **BL:** Billiards Lounge **Events in Blue:** Sign Up **Events in Red:** Open to Public