

Available Appointments

Dr. Simpson Every Wednesday

10:15am -11:00am Harborside

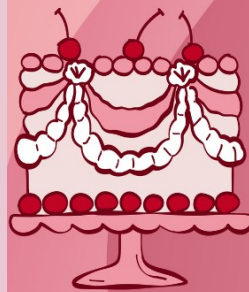
11:00am –3:30pm Independent

Hair Salon

The Salon is open every Thursday and the occasional Fridays.

Welcome Janice!

FEBRUARY BIRTHDAYS



Elsa Willms- February 1st
Bruno Ingratta- February 2nd
Mary Goundry- February 14th
Dora Derkach- February 19th
Mike Mastronardi- February 24th



Like Us on Facebook!
[facebook.com//seacliffmanor](https://facebook.com/seacliffmanor)



Monthly Events Calendar 2025

Highlights

- * World Cancer Day is on February 4th. A day to come together to honour and remember everyone affected by cancer, and take action to change the future of cancer forever.
- * Valentines Day Party will happen on Feb. 13th
- * SECC's Ignite after school program will be visiting for some Valentine's Day celebrations.
- * Seacliff Manor mixer is having a marketing event. We have wine tasting, and entertainment.



February

In the heart of winter, February brings the warmth and love to all.



VOLUNTEER OPPORTUNITIES

Making a Difference

If you are creative, innovative, and love building relationships we would love for you to join our volunteer team!

Becoming a volunteer can be a very rewarding experience for not only yourself but also our residents. You will be able to share your knowledge, build friendships, share your interests, as well as learn about the history and resiliency from those who lived and breathed it. Becoming a volunteer you can help our mission and make someone's life easier and more meaningful in the process. A few hours - days, evenings or weekends makes a huge difference!



À LA CARTE MENU

If you know you are not eating the special of the day, you have access to this menu. You need to ask ahead of time for any type of protein. It needs time to defrost.



PRIVATE DINING











The kitchen needs 24 hours notice in order for you to book the private dining room.



Breakfast- \$10
Lunch- \$15
Dinner- \$20
Children 12 and Under are \$10



Social & Recreational Activities - February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Happy Birthday Elsa! 1 10:00am– Five Crowns (BL) 2:00pm– Bingo \$2 (DA) 6:30pm– Euchre (BL)
Happy Birthday Bruno! 2 Ground Hog Day! 10:00am– Retro Sunday TV “Classic Mix” (C) 11:00am– Tuck Shop (COVE) 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC)	3 10:30am– Kings Corner (BL) 1:30pm– Mahjong (BL) 2:30pm– Valentines Crafts (ML) 3:00pm– Crokinole (BL)	4 10:00am– Morning Tea (CR) 10:45am– VON Exercise (FC) 11:00am– Tuck Shop (COVE) 2:00pm– Bingo \$2 (DA) 6:30pm– Euchre (BL)	5 NO RECREATION 9:45am– R.C. Church Service (C) 11:00am– VON Exercise (FC) 1:00pm– Scrabble (BL) 2:15pm– Leamington Library (ML)  2:30pm– Crokinole (BL)	6 10:00am– Errands with Dan (R) 1:00pm– Dice with Dan (BL) 1:30pm– Tuck Shop (COVE)  2:00pm– Leavin Tracks (ML) 3:00pm– Wine & Beer \$2 (TST) 6:30pm– Euchre (BL)	7 11:00am– VON Exercise (FC) 11:00am– 5th Avenue Jewelry (ML) 2:00pm– Bingo \$ (DA) 3:30pm– Scrabble (BL)	8 NO RECREATION 10:30am– Jeopardy (C) 1:30pm– Afternoon Movie (C) “Evan Almighty” Netflix 2:30pm– Uno (BL) 6:30pm– Euchre (BL)
9 NO RECREATION 10:00am– Retro Sunday TV “Classic Mix” (C) 11:00am– Tuck Shop (COVE) 1:15pm– Chair Yoga (C) 2:00pm– Crokinole (BL)	10 10:00am– Uno Extreme (BL) 1:30pm– Mahjong (BL) 4:30pm– SECC Kids Visit (ML) 	11 10:00am– Morning Tea (CR) 10:45am– VON Exercise (FC) 11:00am– Tuck Shop (COVE) 2:00pm– Bingo \$2 (DA) 6:30pm– Euchre (BL)	12 9:45am– R.C. Church Service (C) 10:00am– 5 Crowns (BL) 11:00am– VON Exercise (FC)  2:00pm– Justin Latam (ML) 4:30pm– SECC Kids Visit (ML) 	13 10:00am– Errands with Dan (R) 1:00pm– Dice with Dan (BL) 1:30pm– Tuck Shop (COVE) 2:15pm– Valentines Party (ML)  3:00pm– Wine & Beer \$2 (TST) 6:30pm– Euchre (BL)	14 Happy Valentines Day! Happy Birthday Mary ! No Recreation 10:00am– Five Crowns (BL) 11:00am– VON Exercise (FC) 2:00pm– Crokinole (BL)	15 NO RECREATION 10:00am– Jeopardy (C) 11:00am– Kings Corner (BL) 1:30pm– Afternoon Movie (C) “UP” (DVD) 6:30pm– Euchre (BL)
16 10:00am– Retro Sunday TV “Classic Mix” (C) 11:00am– Tuck Shop (COVE) 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC) 3:00pm– Church Choir (ML) 	17 10:00am– Uno (BL) 1:30pm– Mahjong (BL) 2:00pm– Bingo (DA) 6:30pm– Ernie Miller (ML) 	18 10:45am– VON Exercise (FC) 11:00am– United Church (C) 11:00am– Tuck Shop (COVE) 1:30pm– Afternoon Movie (C) 3:00pm– Crokinole (BL) 6:30pm– Euchre (BL)	19 Happy Birthday Dora! NO RECREATION 9:45am– R.C. Church Service (C) 10:00am– 5 Crowns (BL) 11:00am– VON Exercise (FC) 2:00pm– Uno (BL)	20 Seacliff Manor Mixer! 10:00am– Errands with Dan (R) 10:00am– Anglican Church (C) 1:00pm– Dice with Dan (BL)  2:00pm– Gord Ciliska (ML) 3:00pm– Wine & Beer \$2 (TST) 6:30pm– Euchre (BL)	21 10:00am– Five Crowns (BL) 11:00am– VON Exercise (FC) 2:00pm– Bingo \$2 (DA) 3:30pm– Scrabble (BL)	22 NO RECREATION 10:30am– Kings Corner (BL) 1:30pm– Afternoon Movie (C) “The Long Game” Netflix 3:30pm– Scrabble (BL) 6:30pm– Euchre (BL)
23 NO RECREATION 10:00am– Retro Sunday TV “Classic Mix” (C) 11:00am– Tuck Shop (COVE) 1:15pm– Chair Yoga (C) 2:00pm– Uno (BL)	24 Happy Birthday Mike! 10:00am– Uno Extreme (BL) 1:30pm– Mahjong (BL) 2:00pm– Ted Bachmeier (ML) 3:00pm– Kings Corner (BL) 	25 10:00am– Morning Tea (CR) 10:45am– VON Exercise (FC) 11:00am– Tuck Shop (COVE) 2:00pm– Bingo \$2 (DA) 6:30pm– Euchre (BL)	26 9:45am– R.C. Church Service (C) 10:00am– 5 Crowns (BL) 11:00am– VON Exercise (FC) 11:00am– Josie M. Earrings (ML) 2:00pm– Birthday Party (BL)	27 10:00am– Errands with Dan (R) 1:00pm– Dice with Dan (BL) 1:30pm– Tuck Shop (COVE) 2:00pm– Town Hall (DA) 3:00pm– Wine & Beer \$2 (TST) 6:30pm– Euchre (BL)	28 NO RECREATION 10:00am– Five Crowns (BL) 11:00am– VON Exercise (FC) 2:00pm– Kings Corner (BL) 3:30pm– Scrabble (BL)	1 March 10:30am– Jeopardy (C) 2:00pm– Bingo \$2 (DA) 6:30pm– Euchre (BL)

TST: The Spiked Tomato CR: Craft Room R:Reception FC: Fitness Centre C: Chapel/Theatre Events in **Blue**: Sign Up Events

DA- Dining Area ML: Main Lounge BL: Billiards Lounge Events in **Green**: All Residents Invited!