

## Available Appointments

Dr. Simpson Every Tuesday

10:15am -11:00am Harborside

11:00am -12:30pm Independent



Prime Cuts

Every Tuesday, Thursday, and alternate Fridays! Please get in contact with Chris to Book your appointment!

# Happy Birthday

Bernice Rawlings- September 2nd  
Erik Langenholt- September 9th  
Carolyn Van Der Werff- September 9th  
Roland Garn- September 20th  
Gerrit Vriesen- September 23  
Barbara Weyrauch- September 23  
Theresa Boivin- September 29th  
Pearl Gillanders- September 30th



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# Monthly Events Calendar

## Highlights

- \* Morning Fireside has been added to the activities list. We will be in the courtyard utilizing our gas fireplace.
- \* Mahjong has been moved to Monday afternoons, everyone is welcome!
- \* Church services will be resuming for the month of September.
- \* Tuck shop hours have been cut back for Sunday mornings. The tuck shop will only be open for an hour on Sunday, 11am-12pm.
- \* If we get a lot signed up for our trip to Point Pelee, we will schedule in another day.



## VOLUNTEER OPPORTUNITIES

**Making a Difference**

**If you are creative, innovative, and love building relationships we would love for you to join our volunteer team!**

Becoming a volunteer can be a very rewarding experience for not only yourself but also our residents. You will be able to share your knowledge, build friendships, share your interests, as well as learn about the history and resiliency from those who lived and breathed it. Becoming a volunteer you can help our mission and make someone's life easier and more meaningful in the process. A few hours - days, evenings or weekends makes a huge difference!

FINE DINING

**À LA CARTE MENU**

If you know you are not eating the special of the day, you have access to this menu. You need to ask ahead of time for any type of protein. It needs time to defrost.

**PRIVATE DINING**

The kitchen needs 24 hours notice in order for you to book the private dining room.

Breakfast- \$10  
Lunch- \$15  
Dinner- \$20  
Children 12 and Under are \$10



# POINT PELEE TRIP!

10:00AM - 12 PM  
SEPTEMBER 12TH

SIGN UP AT RECEPTION!

# Social & Recreational Activities - September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am– Mennonite Church Live Stream (C) <b>11:00am– Tuck Shop! (COVE)</b> 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC)	2 <b>Labour Day!</b> <b>Happy Birthday Bernice!</b> 10:00am– Morning Fireside (CY) 1:30pm– Mahjong (BL) 2:30pm– Darts (ML) 3:30pm– Singalong (C)	3 10:00am– Tea Party (CR) 10:45am– VON Exercise (FC) <b>11:00am– Tuck Shop! (COVE)</b> 2:00pm– Bingo \$2 (DA) 6:30pm– Euchre (BL)	4 10:00am– Sequence (BL) 10:00am– R. C. Church Service (C) 11:00am– VON Exercise (FC) 2:00pm– Horse Races \$ (FC) 3:15pm– Scrabble (BL)	5 <b>10:00am– Errands with Dan (R)</b> 11:15am– Chair Yoga (C) 1:00pm– Dice with Dan (BL) <b>1:30pm– Tuck Shop! (COVE)</b> 3:00pm– Wine & Beer \$2 (TST) 6:30pm– Euchre (BL)	6 11:00am– VON Exercise (FC) <b>2:00pm– Gord Ciliska (ML)</b> 3:20pm– Pictionary (BL) 6:30pm– Fireside Social (BL)	7 10:00am– Telestrations (BL) 2:00pm– Bingo \$2 (DA) 3:30pm– Crokinole (BL) 6:30pm– Euchre (BL)
8 <b>GRANDPARENTS DAY!</b> 10:00am– Mennonite Church Live Stream (C) <b>11:00am– Tuck Shop! (COVE)</b> <b>2:00pm– Grandparents Day Celebration (ML)</b>	9 <b>Happy Birthday Carolyn &amp; Erik</b> 10:00am– Sequence (BL) <b>10:00am– Anglican Church Service</b> 1:30pm– Mahjong (BL) 2:30pm– Horse Races (FC) 3:30pm– Crokinole (BL)	10 10:00am– Tea Party (CR) 10:45am– VON Exercise (FC) <b>11:00am– Tuck Shop! (COVE)</b> 2:00pm– Bingo \$2 (DA) 6:30pm– Euchre (BL)	11 10:00am– Yahtzee (BL) 10:00am– R.C. Church Service (C) 11:00am– VON Exercise (FC) <b>2:00pm– Ernie Miller (ML)</b> 3:15pm– Kings Corner (BL)	12 <b>10:00am– Point Pelee Trip (R)</b> 11:15am– Chair Yoga (C) 1:00pm– Dice with Dan (BL) <b>1:30pm– Tuck Shop! (COVE)</b> 3:00pm– Wine & Beer \$2 (TST)	13 10:00am– Let’s Play Uno (BL) 11:00am– VON Exercise (FC) 2:00pm– Bingo \$2 (DA) 3:30pm– Singalong! (C)	14 <b>No Recreation!</b> 10:00am– Uno (BL) 1:30pm– Afternoon Movie (C) “A league of their own” (DVD) 6:30pm– Euchre (BL)
15 10:00am– Mennonite Church Live Stream (C) <b>11:00am– Tuck Shop! (COVE)</b> 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC) <b>3:00pm– Church Choir (ML)</b>	16 10:00am– Nerf Guns (ML) 1:30pm– Mahjong (BL) 2:00pm– Bingo \$2 3:30pm– Kings Corner (BL)	17 10:00am– Tea Party (CR) <b>10:00am– United Church Service</b> 10:45am– VON Exercise (FC) <b>2:00pm– Crystal Gage (ML)</b> 6:30pm– Euchre (BL)	18 10:00am– Uno Extreme (BL) 10:00am– R. C. Church Service (C) 11:00am– VON Exercise (FC) 2:00pm– Horse Races \$ (FC) 3:15pm– Scrabble (BL)	19 <b>10:00am– Errands with Dan (R)</b> 11:15am– Chair Yoga (C) 1:00pm– Dice with Dan (BL) <b>1:30pm– Tuck Shop! (COVE)</b> 3:00pm– Wine & Beer \$2 (TST) 6:30pm– Euchre (BL)	20 <b>Happy Birthday Roland!</b> 10:00am– Yahtzee (BL) 11:00am– VON Exercise (FC) 2:00pm– Bingo \$2 (DA) <b>6:30pm– Dave Wilson (ML)</b>	21 10:00am– Kings Corner (BL) 1:30pm– Crokinole (BL) 2:30pm– Afternoon Movie (C) “A Family Affair” Netflix 6:30pm– Euchre (BL)
22 <b>FIRST DAY OF FALL</b> 10:00am– Mennonite Church Live Stream (C) <b>11:00am– Tuck Shop! (COVE)</b> 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC)	23 <b>Happy Birthday Gerrit &amp; Barbara!</b> 10:00am– Morning Fireside (CY) 1:30pm– Mahjong (BL) 3:00pm– Fall Decorating (R)	24 <b>10:00am– Walker Clinic (ML)</b> 10:45am– VON Exercise (FC) 2:00pm– Bingo \$2 (DA) 2:00pm– Pool Game (BL) 6:30pm– Euchre (BL)	25 <b>8:00am– Hear Canada (ML)</b> 10:00am– R.C. Church Service 11:00am– VON Exercise (FC) <b>2:00pm– Happy Together (ML)</b> 3:15pm– Sequence (BL)	26 <b>10:00am– Errands with Dan (R)</b> 1:00pm– Dice with Dan (BL) <b>1:30pm– Tuck Shop! (COVE)</b> <b>2:00pm– Price is Right! (DA)</b> 3:00pm– Wine & Beer \$2 (TST) 6:30pm– Euchre (BL)	27 10:00am– Kings Corner (BL) 11:00am– VON Exercise (FC) 2:00pm– Bingo \$ (DA) 3:15pm– Scrabble (BL) 3:30pm– Singalong (C)	28 10:00am– Uno (BL) 1:30pm– Afternoon Movie (C) “Dirty Rotten Scoundrels” (DVD) 6:30pm– Euchre (BL)
29 <b>Happy Birthday Theresa!</b> 10:00am– Mennonite Church Live Stream (C) <b>11:00am– Tuck Shop! (COVE)</b> 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC)	30 <b>Happy Birthday Pearl!</b> 10:00am– Sequence (BL) 1:30pm– Mahjong (BL) <b>2:00pm– Erle Nash (ML)</b> 3:30pm– Crokinole (ML)					

TST: The Spiked Tomato    CR: Craft Room    R:Reception    FC: Fitness Centre    C: Chapel/Theatre    Events in **Blue**: Sign Up Events  
 DA: Dining Area    ML: Main Lounge    BL: Billiards Lounge    Events in **Green**: All Residents Invited!    CY: Courtyard