

Available Appointments

Dr. Simpson Every Tuesday

10:15am -11:00am Harborside

11:00am -12:30pm Independent



Prime Cuts

Every Tuesday, Thursday, and alternate Fridays! Please get in contact with Chris to Book your appointment!

(226-340-6240)

BIRTHDAY'S OF THE MONTH

September 2nd- Bernice Rawlings

September 20th- Roland Garn

September 23rd- Gerrit Vriesen

September 23rd- Barbara Weyrauch

September 30th- Pearl Gillanders



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Highlights

Trying out our new Cotton Candy Machine! We are bringing new sweets to our movie days.

Jackbox is a trivia pursuit game. We will break into teams, and see who is the ultimate jokester. Please bring your electronic to this activity (iPad, tablet, touch screen phone).

Thiessen's Apple Orchards trip! We will be shopping and grabbing a scenic wagon ride, on Friday September 22nd.

Drink of the month- Django!
Made with dry Vermouth, lemonade and orange juice.

Monthly Events Calendar



COLOUR'S OF AUTUM CELEBRATION

1 PM - 3 PM
SEPTEMBER 23RD

• APPLE FEST STYLE PARTY! COME ENJOY THE FOOD, DRINKS AND SOME GAMES! •



VOLUNTEER OPPORTUNITIES

Making a Difference

If you are creative, innovative, and love building relationships we would love for you to join our volunteer team!

Becoming a volunteer can be a very rewarding experience for not only yourself but also our residents. You will be able to share your knowledge, build friendships, share your interests, as well as learn about the history and resiliency from those who lived and breathed it. Becoming a volunteer you can help our mission and make someone's life easier and more meaningful in the process. A few hours - days, evenings or weekends makes a huge difference!

FINE DINING

À LA CARTE MENU









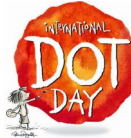



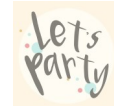



If you know you are not eating the special of the day, you have access to this menu. You need to ask ahead of time for any type of protein. It needs time to defrost.

PRIVATE DINING

The kitchen needs 24 hours notice in order for you to book the private dining room.

Breakfast- \$10
Lunch- \$15
Dinner- \$20

Social & Recreational Activities - September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					No recreation Available 1 11:00am– VON Exercise (FC) 6:30pm– Leavin Tracks (ML) 	Happy Birthday Bernice! 2 1:15pm– Afternoon Movie with Cotton Candy! 2:15pm– Bingo \$ (DA)
3 10:00am– Church TV (C) 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC) (Quarters only)	Labour Day 4 10:00am– Morning Movie! With popcorn! (C)  2:00pm– Mystery Bag Bingo \$ (DA)	5 10:00am– Morning Tea (COVE) 10:45am– VON Exercise (FC) 2:00pm– Happy Together Duo (ML) 	Read A Book Day! 6 10:00am– Catholic Church (C) 11:00am– VON Exercise (FC) 1:30pm– Art Class with Kayla 3:00pm– Book Social! Come and pick out some new books! (ML)	7 10:00am– Dice with Dan (BL) 11:15am– Chair Yoga (C) 1:00pm– Euchre (BL)  2:00pm– The Baileys (ML) 3:00pm– Wine & Beer \$2 (TST)	8 10:00am– Yahtzee (BL) 11:00am– VON Exercise (FC) 2:00pm– Bingo \$ (DA)	9 10:00am– Device Advice! 1:30pm– Art with Kayla (CR) 2:30pm– Jackbox Games! Come and watch the hilarious outcome (C) 
10 10:00am– Church TV (C) 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC) (Quarters only) 3:30pm– Singalong! (C) 	11 10:00am– Errands with Dan (R) 11:00am– Play Crokinole! (BL) 2:00pm– Bingo \$ (DA)	12 10:00am– Short Film (C) 10:45am– VON Exercise (FC) 11:00am– Let's play Uno (BL) 2:00pm– Randy Nash (ML) 	13 10:00am– Catholic Church (C) 11:00am– VON Exercise (FC) 1:15pm– Art Class with Madison (Kindness Gift) 3:00pm– Let's Play Uno! (BL)	14 10:00am– Dice with Dan (BL) 11:15am– Chair Yoga (C) 1:00pm– Euchre (BL)  2-4pm– Pizza Party! 2:00pm– Wine & Beer \$2 (TST)	DOT DAY! 15 11:00am– VON Exercise (FC) 1:00pm– Watch and Create! (C)  2:30pm– Bingo \$ (DA)	16 10:30am– Let's Play Uno! (BL) 11:00am– Independent Activities by elevator. 1:15pm– Afternoon Movie (C)
No Recreation Available 17 10:00am– Church TV (C) 1:15pm– Chair Yoga (C)	Rice Crispy Treat Day! 18 10:00am– Errands with Dan (R) 11:00am– Let's Play Uno! (BL) 2:00pm– Horse Races! (FC) 4:00pm– Rice Crispy Treats (ML) 6:00pm– Fireside Social! 	19 10:45am– VON Exercise (FC) 10:00am– 2:00pm– Jacobs Shoes \$ (ML) 2:30pm– Mystery Bag Bingo \$ (DA)	Happy Birthday Roland! 20 10:00am– Morning Tea (COVE) 10:00am– Catholic Church (C) 11:00am– VON Exercise (FC) 2:00pm– Erle Nash (ML) 	21 10:00am– Dice with Dan (BL) 11:15am– Chair Yoga (C) 1:00pm– Euchre (BL) 3:00pm– Wine & Beer \$2 (TST) 6:30pm– Richard Sennema (ML) 	22 10:00am– Thiessen Apple Orchard Wagon ride and Apples! 10:00am– Food Committee Meeting! (Members Only) 11:00am– VON Exercise (FC) 2:00pm– Bingo \$ (DA)	Happy Birthday Gerrit & Barbara! 23 First day of Autumn! 9:30am– Baking Apple Crisp (C) 1:00pm-3:00pm– Colours of Autumn Celebration! (ML) 
24 10:00am– Church TV (C) 1:15pm– Chair Yoga (C) 2:00pm– Horse Races \$ (FC) (Quarters only)	25 10:00am– Errands with Dan ® 10:30am– Let's Decorate! Come to the lounge and help decorate for fall! 2:00pm– Bev Bechard (ML) 	26 10:00am– Morning Tea (COVE) 10:45am– VON Exercise (FC) 2:00pm– Bingo \$ (DA)	27 10:00am– Catholic Church (C) 11:00am– VON Exercise (FC) 2:00pm– Town Hall (DA) 3:00pm– Let's Play Crokinole! (BL)	28 10:00am– Dice with Dan (BL) 11:15am– Chair Yoga (C) 1:00pm– Euchre (BL)  2:00pm– Crystal Gage (ML) 3:00pm– Wine & Beer \$2 (TST)	29 11:00am– VON Exercise (FC) 1:00pm– Country Drive (R) 2:00pm– Bingo \$ (DA) 3:30pm– Singalong! (C) 	Happy Birthday Pearl! 30 10:00am– Truth and reconciliation Documentary (C) 2:00pm– Birthday Party! (ML)

TST: The Spiked Tomato
DA: Dining Area

CR: Craft Room
ML: Main Lounge

R:Reception
BL: Billiards Lounge

FC: Fitness Centre

C: Chapel/Theatre

Events in **Blue**: Sign Up Events

Events in **Green**: All Residents Invited!

CY: Courtyard